

6 TIPS TO AVOID LIFESTYLE INFLATION

1. Borrow, buy used, or DIY when possible, instead of buying new. (You'll be okay, I promise).
2. Cancel memberships you don't use. Evaluate this on a monthly basis.
3. Budget based on previous salary, not current. Save the difference.
4. Avoid credit card debt or financing purchases. The idea is to spend LESS than what you have today.
5. Spend money on experiences, instead of things.
6. Surround yourself with others in a similar financial situation.

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